



Discovering Portuguese Gastronomy and Wines

8 days / 7 nights

1. Brief Itinerary

Day 1 (1 Oct) – Arrival in Lisbon

Welcome at Lisbon airport + private transfer to your hotel in Lisbon.

Accommodation at **Pousada de Lisboa - Terreiro do Paço** - Double Classic Room
breakfast included

Day 2 (2 Oct) – Lisbon

Half day walking gourmet tour of Lisbon.

Accommodation at **Pousada de Lisboa - Terreiro do Paço** - Double Classic Room
breakfast included

Day 3 (3 Oct) – Full day tour: Lisbon / Sintra / Cascais / Lisbon, with a private driver (83Km ; 1h 35min)

Full day tour to Cascais and Sintra. Dinner with Fado performance in the evening.

Accommodation at **Pousada de Lisboa - Terreiro do Paço** - Double Classic Room
breakfast included

Day 4 (4 Oct) – Lisbon / Tomar / Belmonte (326Km ; 3h 15min)

From Lisbon head to Belmonte and visit the Templar Knights town of Tomar along the way. Degustation dinner at Belmonte Convent.

Accommodation at **Pousada de Belmonte** - Double Superior Mountain View Room breakfast included

Day 5 (5 Oct) – Belmonte / Pinhão (192Km ; 2h 15min)

Visit Belmonte in the morning. Head into the Douro Valley in the afternoon. Wine and Cheese Tasting included.

Accommodation at **Vintage House Douro** - Double River View Room breakfast included



Day 6 (6 Oct) – Pinhão (Douro Valley) / Amarante / Guimarães / Porto (170Km ; 2h 45min)

2h Douro Cruise in the morning. Continue to Porto in the afternoon and visit some interesting historical towns on your way there. Rental car drop off.

Accommodation at **Pestana Vintage Porto Hotel** - Double Vintage Front View Room breakfast included

Day 7 (7 Oct) – Porto

Half day guided walking tour of Porto. Self-explore in the afternoon.

Accommodation at **Pestana Vintage Porto Hotel** - Double Vintage Front View Room breakfast included

Day 8 (8 Oct) – Departure from Porto airport

Private transfer from your hotel in Porto to Porto airport.

2. Programme Highlights

Lisbon

Lisbon has a dozen different faces, of different urban landscapes, each and every one with its own urban rhythms and lifestyles. With an undulating topography, many of its monuments are seen from afar on top of their hills. It has seven hills, all of them densely urbanized. Some say that Lisbon is architecturally speaking a white city, which gives it its markedly Mediterranean character. Lisbon has a very good transport network, especially its underground lines, abundantly decorated with artworks: each station has its own color scheme and theme. Lisbon is also dotted with the picturesque yellow electric trams, whose trajectories are of great tourist interest.



Sintra

Sintra is the Romantic place in Portugal. Inlaid in the foothills to the north of the Sintra range, it is a wonderful mosaic of intertwining constructions half-hidden in the thick woods and the massive boulders. The mountain range and the proximity to the sea make it a very breezy and cool area, and that is the reason why it soon became a favorite summer spot for the royal Portuguese family, ever since the first dynasty. The whole village is enthralling, from the tiniest corner to the most exuberant of palaces.



Cascais

This fishing village and summer residence of the Portuguese Royal Court from the 19th century onwards, quickly became an elegant summer destination. This charming village surrounded by exclusive beaches and complemented with calm weather is a pleasant place to spend your holidays at any time of year.



Tomar

Tomar is one of Portugal's historical jewels and more significantly was the last Templar town to be commissioned for construction. Tomar was especially important in the 15th century when it was a centre of Portuguese overseas expansion under Henry the Navigator, the Grand Master of the Order of Christ, successor organization to the Templars in Portugal.

Tomar is a charming and historically outstanding town on the banks of the Nabão River. It is dominated by a 12th-century Templar castle containing one of the country's most significant and impressive monuments, the Convent of Christ (declared a World Heritage Site by UNESCO).



Belmonte

Standing 615 m above sea level, Belmonte castle secured the defences of the Upper Côa area. Nowadays the history of this town is inseparably linked to that of the Jewish community that was established there. A significant Jewish community settled in



Belmonte, mainly in the fifteenth century, when Jews fleeing persecution in Castile took refuge here. Belmonte preserves its medieval atmosphere as effectively as the Jews secretly preserved their prayers, traditions and customs until today's more tolerant climate allowed them to found a new synagogue, Bet Eliah. Belmonte is also the birthplace of Pedro Álvares Cabral, the man who discovered Brazil.

Pinhão

A town in the Alto Douro Wine Region whose houses resemble an elegant amphitheatre descending down the mountainside to the banks of the Douro. Situated at the point where the River Douro and River Pinhão meet, it is a beautiful place for relaxing, going for walks and discovering the secrets of Port wine in the countless wineries and estates in the surrounding area.



Vila Real

Situated on a high plain through which two rivers flow, the city has been moulded by the powerful natural landscape, including the nearby Corgo escarpments and the Alvão and Marão mountains further away. Life is peaceful here in the heart of Trás-os-Montes.

One of the main attractions is the Baroque



Mateus Palace, 4km (2.5 miles) east of the town, which has been featured on the label of the Mateus Rosé wine.

Peso da Régua

Situated on the banks of the River Douro, Peso da Régua played a fundamental role in the production and sale of Port wine, for it was from here that the barrels were transported in the special boats known as barcos rabelos to Vila Nova de Gaia, where the wine was left to age in the local wine lodges.



In this region, the vines are grown on terraced slopes leading down to the river, providing visitors with a series of spectacular views, which are best admired from the area's many viewpoints, such as those of São Leonardo at Galafura and Santo António do Loureiro.

Lamego

A city in the northern interior of Portugal, founded on the banks of the magnificent River Douro and nestling between the surrounding hills. Many traditional dishes, Portuguese tapas, and sweets. It has a castle, some churches and traditional houses.



Amarante

A small, unpolluted city, Amarante is one of the jewels of northern Portugal, with its rows of seventeenth century mansions and wooden balconies that cast their reflections into the calm waters of the River Tâmega. St. Gonçalo is a figure often associated with Amarante, to whom prayers may be offered in the first weekend of June for fertility or help in finding a husband, together with offerings of phallic-shaped cakes. Come and discover the beauty of a city that makes you feel as if you are stepping into a romantic film!



Guimarães

Guimarães is the city where the Portuguese independence movement began and where Afonso Henriques, the first king of Portugal and the founder of the nation, was born. Almost nine hundred years ago, Afonso Henriques transformed the medieval country into an independent kingdom and advanced south to conquer lands held by the



Arabs. Now its historic centre still maintaining the appearance of its far-off medieval times is a UNESCO World Heritage Site. The city centre offers various architectural features of interest for visitors, of which Nossa Senhora da Oliveira church stands out.

Porto

The Cidade Invicta, or Invincible City, has around a quarter of a million inhabitants and is the second city of Portugal. It has always displayed a spirit of great independence and entrepreneurialism. Focusing on trade and business, it also has a great deal of culture to offer, as well as being a city with its own distinctive character. Locals are known as "tripeiros" (tripe-eaters) because during the time of the military expedition to Ceuta, they sent all the meat they had to the Kings soldiers and left only the offal for themselves, displaying the same spirit of sacrifice that the locals maintain to this day. The River Douro flows through the city, its powerful waters forging deep banks. As these are often sloped, the historic area of the city is an intricate medieval arrangement of houses and lanes.



The city is most famous for its wine, which is produced much further inland, upstream on the banks of the river. Port wine is its spiritual legacy.

3. Accommodation

Lisbon

Pousada de Lisboa - Terreiro do Paço

"Located in Terreiro do Paço - Praça do Comércio, a historic part of the city of Lisbon, is now born a new lodging in Praça do Comércio. Historic place of unique importance, this was the place where for centuries ships with goods disembarked.

This is one of the most emblematic places of the city and there are several exit points from here that allow you to visit the rest of Lisbon, walk alongside the Tejo or even cross the river bank. Augusta Street is the main artery that connects the Commerce Square to the beautiful Rossio Square."



Belmonte**Pousada de Belmonte**

"Set on the slopes of the Esperança Mountain, at just over 1 km from the town of Belmonte, the Pousada Convento de Belmonte results from the renovation of the former Nossa Senhora da Esperança Convent. Inside, the chapel and sacristy have been converted into a lounge and bar a good example of the harmonious blend of historical architecture and modern construction and comfort. The Pousada has preserved the Monastery's historical nature intact (the sight was classified as a building of public interest in 1986), included the amphitheatre architecture layout in the pine woods on the slopes of Esperança's Mountain, and stunning landscape with views over the Cova da Beira region and Estrela's Mountain. "



Pinhão

Vintage House Douro

The Vintage House Hotel lies on the very edge of the river Douro and is surrounded by the famous Port vineyards of the world's oldest demarcated wine region. The site of the hotel is an old "Quinta" of wine estate, which dates back to the 18th century. The old house, lodges and gardens have been sensitively refurbished in the traditional Douro style preserving their unique history, whilst providing up to date hotel facilities. Those interested in Port wines, guided tours and tastings can be arranged at the hotel or at one of many surrounding Port wine estates.



Porto**Pestana Vintage Porto Hotel**

"The Pestana Porto is one of the most charming hotels in Oporto, located in the Praça da Ribeira, heart of the historic city centre. This Oporto boutique hotel offers a splendid view of Douro River. It is part of a group of buildings dated from XVI, XVII, XVIII centuries, and it is classified by UNESCO as part of the World Heritage site. Located at the historical site of Porto, Pestana Porto is 20 minutes from Sá Carneiro International Airport and 5 minutes from the train and metropolitan station of S.Bento. The hotel enhances all the charming atmosphere of Ribeira, in a picturesque group of buildings with original trace over the Douro River."



4. Other Services Included

Welcome at the Airport & Transfer to your Hotel

On arrival a **Representative will be waiting for you at the airport** with a sign. The Representative will **help you at the airport** (e.g. luggage, exchange money or other information), **give you your Travel Kit** and **take you to your hotel**.



Travel Kit

Our kit includes:

- **Exclusive 300 pages Travel Guidebook** (not for sale);
- **Personalized Roadbook** (tips, suggestions and directions based on your interests and specific itinerary);
- **Portugal road map** (up to date road map of Portugal and Lisbon);
- **Reservation vouchers** for all items under price inclusions.



Pre-programmed GPS - Five clicks to every destination

As part of our self-guided tours, we will provide you with a GPS which will be pre-programmed according to your itinerary on a day-by-day basis. You do not have to be a technology expert, nor have to enter by hand any city names, addresses or coordinates. All you have to do is to start the engine, turn on the GPS and be prepared to enjoy your day with just a few clicks of the GPS.





Help Line

While you are travelling with us, you will be just a phone call away should you need any **assistance, support, additional information**, or if you should just like to **check in along the way**.

You will be able to access a helpline **between 8am and 10pm** by an English-speaking assistant, available to speak with you for any advice or assistance that you may need or to let us know how things are going.



Private Walking Tour with Wine and Tapas tasting

You will have the opportunity to experience a 3-hour Private Walking Tour in the historic neighborhood of Lisbon with our local guide who will tailor the tour to your interests and pace and will let you know about its history, culture, traditions, food etc. After a thorough introduction to the capital city of Portugal, the tour will end at a local wine bar where you will sit, relax and have a very special wine and tapas tasting. Fasten your seatbelts, as this commented tasting will take you on a journey through Portuguese gastronomy - from North to South - that you surely do not want to miss.



Degustation Dinner at Pousada de Belmonte

8 course meal, with dishes and drinks exploring local seasonal produce with some international inspiration. The restaurant at the Pousada is a local reference and highly reviewed by other travellers! Features a big mantelpiece, contrasting with the cool mountain air and views outside!



Douro Cruise

For a different perspective on the Douro valley, enjoy a 2 hour panoramic cruise on the Douro River. You will cruise through the valley of countless vineyards and port houses. This is a relaxing trip with a spectacular scenery.



Wine and Cheese Tasting

Enjoy a wine tasting accompanied with the best cheeses of the region in a informative commented tasting overlooking the Douro River.



Private Guided Walking Tour of Porto

You will have the opportunity to experience a 3 hours Private Walking Tour in the historic and famous city of Porto with a local and qualified guide, who will tailor the tour to your needs and will let you know about our history, culture, practices, cuisine etc. Get to know the picturesque Ribeira quarter, the iconic D. Luis I bridge, the Aliados Avenue and admire the scenic views over the Douro river. A complete and unforgettable experience!





Visit and Wine Tasting at a Port Cellar

Learn more about Port Wine and its production on a visit to one of the most reputed wine cellars in the area! You will also have the opportunity to taste some of the most exquisite Port wines!



Rental Car - Group CDAD - Compact Automatic (Renault Megane or similar) - 5 seats

Air conditioned

Automatic transmission

5 doors

5 seats



(Image is representative of car type, not necessarily that specific car)



5. Price Information

The total price for 2 people is: **4378.00 euros**

Prices are indicative, please confirm availability and cost for your specific dates and requests.

Price Inclusions

- ◆ 7 nights of accommodation (breakfast included at all hotels);
- ◆ **Welcome at the Airport + Private transfer to your Hotel;**
- ◆ **Travel Kit:**
 - Personalized Roadbook;
 - Exclusive 300 page Travel Guidebook;
 - Portugal Road Map;
 - Reservation vouchers for all items under price inclusions.
- ◆ **Pre-programmed GPS according to your itinerary;**
- ◆ **In-country support via helpline (one member of our team will answer);**
- ◆ **Private walking tour of Lisbon with commented portuguese wine and tapas tasting;**
- ◆ **Full-Day Tour: Lisbon / Sintra / Cabo da Roca / Cascais / Estoril / Lisbon, with a private driver, including driver and car expenses;**
- ◆ **Degustation Dinner at the Pousada in Belmonte - (8 Course Dinner, drinks included);**
- ◆ **2h Douro Cruise in a traditional boat;**
- ◆ **Wine and Cheese Tasting in Douro Valley;**
- ◆ **Private Guided Walking Tour of Porto;**
- ◆ **Port Wine Cellar Group Visit + Wine Tastings in Porto;**
- ◆ **Transfer from your hotel to the airport;**
- ◆ **Rental Car - Group CDAD - Automatic Transmission, with AC (Renault Megane or similar), provided by EUROPACAR including:**
 - one additional driver;
 - unlimited mileage;
 - Basic protection package;
 - Theft protection;
 - Station Surcharge (e.g. Airport station), if applicable.
- ◆ **V.A.T and all service taxes.**

Price Exclusions

- ◆ All meals (except for breakfast and meals described in price inclusions);
- ◆ Early check-in and late check-out at all hotels;
- ◆ Extra activities that have not been previously booked through us;
- ◆ Entrance fees to museums and monuments (except if described in price inclusions);
- ◆ All flights;
- ◆ Travel insurance;
- ◆ Parking, tolls, gas, and other car expenses not described in price inclusions (does not apply to Private Driver services);
- ◆ Tourist accommodation tax charged at your accommodation on certain municipalities. This tax is to be paid by the Guest directly to the hotel before the end of the stay and cannot be prepaid. It is then remitted directly to the city council by the hotels;
- ◆ Personal expenses and additional expenses in case of force majeure.

The prices and availability are subject to confirmation.



6. Appendix

FAQs

Are there additional charges to use your service?

No. There is no additional cost for our services. The total price in our proposal will include our services.

How can I pay for my trip?

You can pay by bank / wire transfer or by credit card.

How will I know when my tour is booked?

You will receive a confirmation email as well as your receipt of deposit.

How can I cancel my tour?

To cancel your tour you just have to send an email to your travel consultant requesting the cancellation.

What happens if I cancel my tour?

If you cancel 5 working days or more prior to your arrival date, your cancellation will be free of charge.

If you cancel between 1 and 4 working days prior to your arrival date, the first two days of hotels and services will be charged.

If you cancel on your arrival date or any date after the arrival date, the full amount will be charged.

If you do not show at hotels and service providers (no-show) the full amount will be charged.

If your tour includes services with different and stricter cancellation policies from the ones



mentioned above, those different cancellation policies will be mentioned on your proposal and shall prevail over the general cancellation policy.